



960 N 16th Street Suite 304, Springfield OR 97477

Myocardial Perfusion Imaging Study (MPI)

Myocardial perfusion imaging (MPI) is a non-invasive imaging test that uses a special camera to show the blood flow and function of the heart muscle. The test results can help your provider determine if you have heart disease or may be at risk for a heart disease event, such as a heart attack. An MPI is often called a nuclear stress test.

Appointment Date: _____ Appointment Time: _____ Check in Time: _____		
Prior to your exam	Day of your MPI exam	After your exam
<p>Do Not Take 48 Hours before test:</p> <ul style="list-style-type: none"> ✓ Long-acting Nitrates (Isosorbide, Imdur, Isordil) ✓ Viagra ✓ Cialis ✓ Dipyridamole (Aggrenox) <p>Do Not Take 24 HOURS before test:</p> <ul style="list-style-type: none"> ✓ Caffeine products: (Regular or Decaffeinated) <ul style="list-style-type: none"> • Coffee • Tea, Kombucha • Soda • Chocolate • Energy drinks • OTC medications (Excedrin) • Migraine medications (Imitrex, etc.) ✓ Beta blockers (see list on backside) ✓ Calcium channel blockers (see list on backside) ✓ Aminophylline or Theophylline ✓ Nitro Patch <p>Do Not Take 4 HOURS before test:</p> <ul style="list-style-type: none"> ✓ Sublingual nitroglycerine or nitroglycerine spray <p>Food/Drink:</p> <ul style="list-style-type: none"> ✓ No food or drink except water 4 hours prior to exam ✓ Diabetics may have small amounts of fruit juice 	<p>Cancel or Reschedule:</p> <ul style="list-style-type: none"> ✓ If you need to reschedule or cancel, call at least 24 hours in advance otherwise a fee may be charged. <p>Arrival:</p> <ul style="list-style-type: none"> ✓ Arrive 15 minutes prior to your exam. <p>Test:</p> <ul style="list-style-type: none"> ✓ Expect approximately 3-3.5 hours. <p>Wear:</p> <ul style="list-style-type: none"> ✓ Comfortable walking shoes ✓ Loose fitting layered clothes (department is kept cool) 	<p>Results:</p> <ul style="list-style-type: none"> ✓ Your exam will be interpreted by a physician specialized in nuclear cardiology. Follow-up with your ordering provider. ✓ Please allow 5-7 working days for your provider to review the results.

Please see backside for list of restricted medications

Do Not Take these restricted medications for 24 Hours before test:

*** IF YOU HAVE QUESTIONS ABOUT ANY OF YOUR MEDICATIONS, WHETHER YOU SHOULD STOP FOR THE TEST, PLEASE CALL THE OFFICE TO DISCUSS FURTHER - (541) 744-6172.

BETA BLOCKERS			
Acebutolol	Carvedilol	Lopressor	Propranolol
Atenolol	Coreg	Metoprolol	Tenormin
Bisoprolol	Inderal	Nadolol	Toprol XL
Bystolic	Labetolol	Nebivolol	Zebeta
CALCIUM CHANNEL BLOCKERS			
Amlodipine	Diltiazem	Niccardipine	Plendil
Cardizem	Felodipine	Nifedipine	Procardia
Cartia XT	Isadipine	Norvasc	Verapamil

